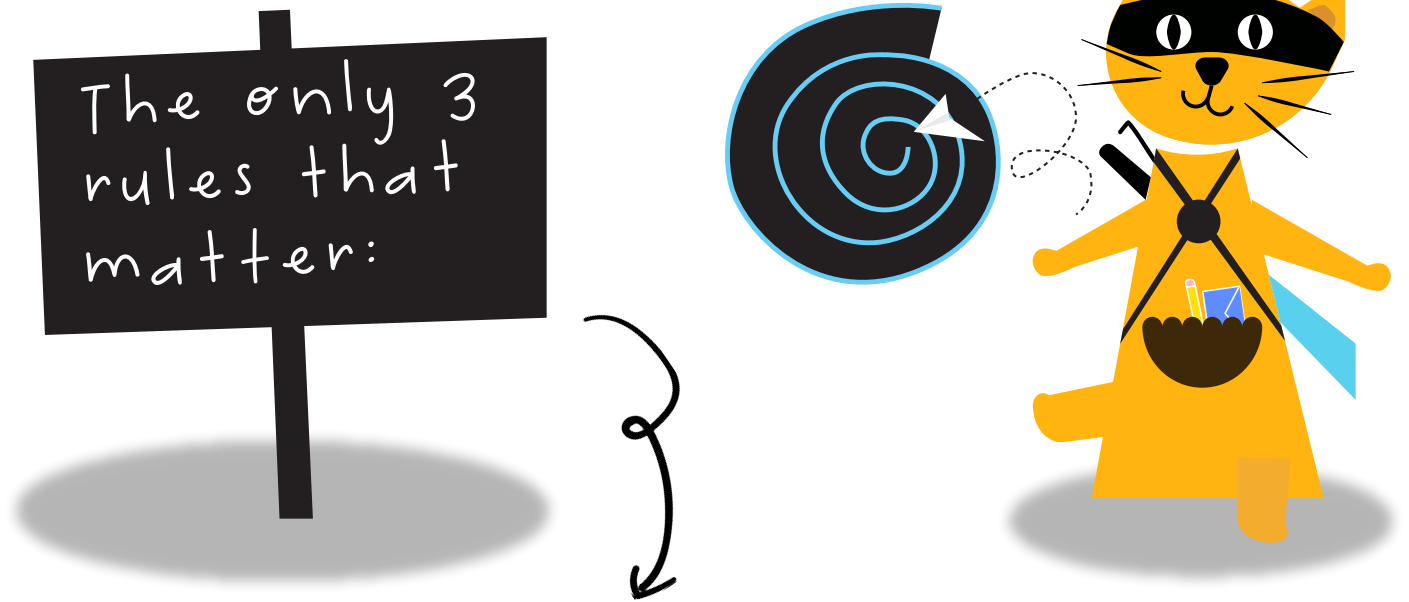


Hi <sup>👑</sup>Pilar!

# WELCOME TO MEOW PORTAL

Where we learn to write and send awesome letters and cards to firends and families!



1. Beleive in yourself!
2. Know you are special! Your hand writting is uniquely you, which means no handwritting is the same!
3. All it takes is practice!

**EASY PEASY.. LIKE 1, 2, 3**

# LETS PLANT SOME SEEDS..

What kind of seed? The seeds of knowledge

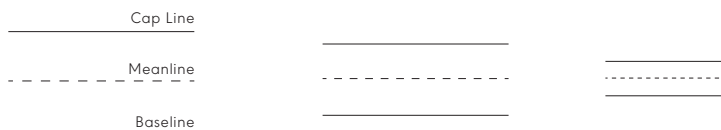
Let's learn some fancy words to describe the anatomy of our alphabet. This is the study of **Typography**.



☆ you totally got this!

## Guide Lines

They are just imaginary lines to help you write evenly in a straight line. Super duper useful!

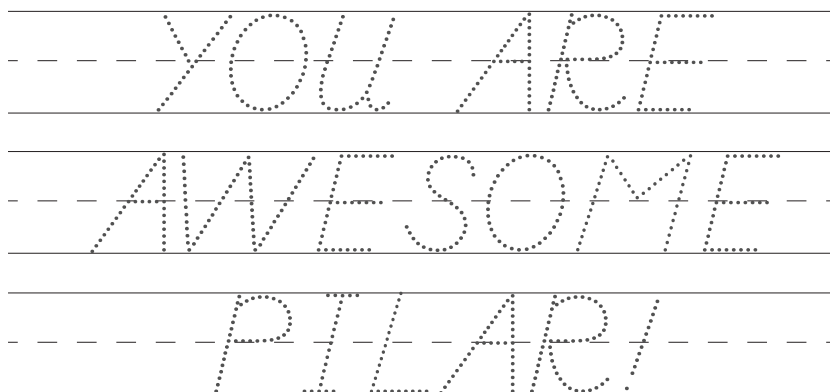


It's imaginary because you can decide how big or how small you want to write!

## Uppercase

If you write words in all capital letters, it sounds like you are shouting.

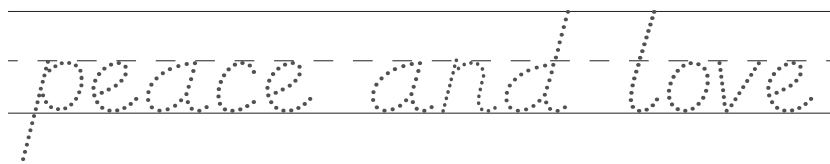
**SUPER AWESOME!**



## Lowercase

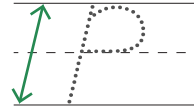
Lowercase words sounds calmer

o m m m m m . .



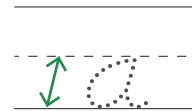
# Cap Height

All capital letters have the same cap height. It extends from the baseline to the cap line of our imaginary guide lines.



# X Height

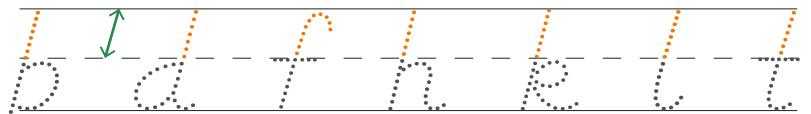
This is the height of lower case letters. It extends from the baseline up to the midline. Except for a few letters that have an 'Ascender' that goes further up all the way to the cap line.



# Ascender

The part of a lowercase character (b, d, f, h, k, l, t) that extends above the midline. Another way to think about the word 'ascender' is to think of it as going upwards.

Climb letters.. climb!

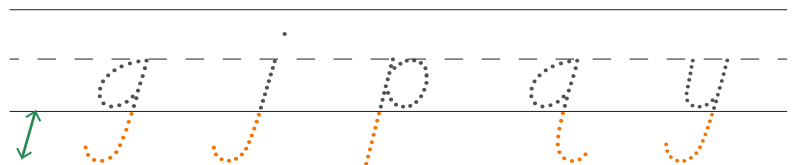
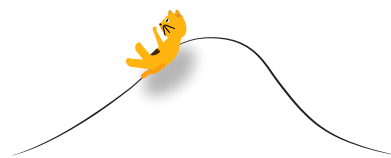


# Descender

The part of a lowercase character (g, j, p, q, y) that extends below the baseline.

Another way to think about the word 'descender' is to think of it as going downwards.

See you later letters.. Woo hoo!



Step 2.

## LETS WATER OUR SEEDS..

We water it with a powerful magic spell.

I dont know why it works but it sure does!



Say it out loud and write:

"I know how and I can do it" exactly seven times!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

Step 2.

## LETS WATER OUR SEEDS..

We water it with a powerful magic spell.

I dont know why it works but it sure does!



Say it out loud and write:

"I know how and I can do it" exactly seven times!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

# DAILY PRACTICE

you can and you will!



I am strong and I am unique

I am strong and I am unique

I am strong and I am unique

I am strong and I am unique

# HOW WE PRACTICE

A few tips to help you in your journey to practice.

I am so excited for you! Remember it is about progress not perfection, it may not be easy but it will be worth it.

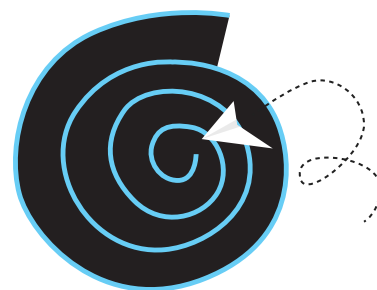
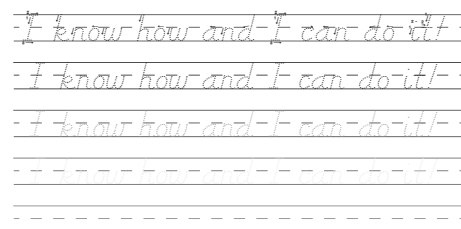
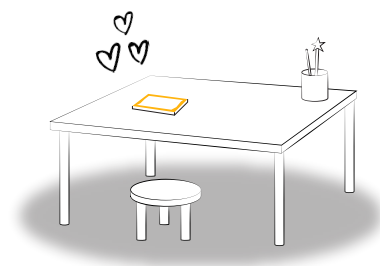
## Daily Practice Pad.

Use your Daily Practice pad as often as you can, it doesn't have to be every single day but the more you do it the better! But don't go nuts! Take it day by day, easy does it.

The pad is there to help you practice with ease, leave it somewhere on your desk so you can easily be reminded to spend a few minutes practicing your writing.

You will see guidelines on your practice pad, as you move down the page, the guidelines will fade further into the background allowing you to also include practicing without the help of tracing letters and the use of imaginary lines.

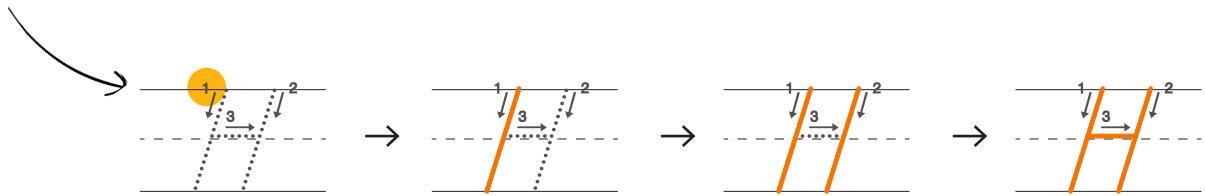
Remember all handwriting is different, it doesn't have to be exactly the same. You just have to follow a few simple ideas and you will be on your way to writing letters to friends and family!



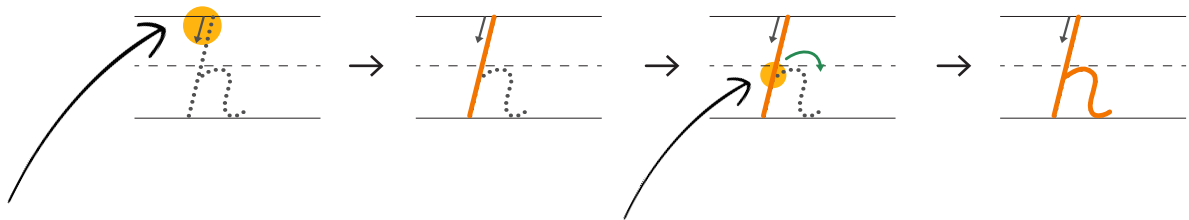
Now we are going to look at how to trace and learn the basic principle of writing clearly and neatly.

- ① When we write our letters always start from top to bottom.

Look at the numbers and follow the arrow.



Some letters will not show the numbers 1,2 and 3 for example the lowercase 'h' shown below. In this case follow the first arrow from top to bottom, and find the next highest point to continue tracing.



Does not have numbers but arrows, follow the direction of the arrow, in this case down.

Go to the next highest point and complete the lowercase letter by tracing towards the baseline.

★  
**TOP TO BOTTOM..**

★  
**TOP TO BOTTOM..**

★  
**TOP TO BOTTOM.**





# DAILY PRACTICE

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

I know how and I can do it!

# DAILY PRACTICE



I am brave and I am smart!

I am brave and I am smart!

I am brave and I am smart!

I am brave and I am smart!